



**Beneficiary Information:**

Name (last name, first, middle initial):	Relation to You:	Benefit %:
If the beneficiary(ies) named above are not living, then pay:		

*Please be aware that your coverage may be impacted by certain limitations and exclusions including, but not limited to, the following:*

**Limitations and Exclusions**

**Delayed Effective Date:**

**Employee:** Insurance will be delayed for employees not in active employment until the date they return to work. Regularly scheduled vacation time is considered active employment.

**Dependents:** Coverage for totally disabled dependents will be delayed until the date the individual is no longer totally disabled. This delay does not apply to newborn children while dependent insurance is in effect. "Totally disabled" means that, as a result of sickness or injury, the dependent is unable to perform each of the usual and customary duties or activities of a person of the same age and sex in good health.

**Exclusion for Suicide:**

**Where the cause of death is suicide:**

1. No benefits will be payable for a loss occurring within 24 months after the individual's initial effective date; and
2. No increased or additional insurance will be payable for a loss occurring within 24 months after the day such increased or additional insurance is effective.

**This Suicide Exclusion does not apply to Washington residents.**

*Please see your Plan Administrator [or your Policy] for a complete listing of applicable limitations and exclusions.*



First Unum Life Insurance Company  
 Provident Life and Casualty Insurance Company  
 The Paul Revere Life Insurance Company

As part of your enrollment for insurance with Unum, please complete this form and provide it to your Plan Administrator. Also, in order to effectively identify and locate beneficiaries and help ensure that benefits are distributed appropriately upon the death of an insured or additional named insured, we request information in writing from time-to-time, including when we become aware of a change regarding you, your beneficiary(ies) or additional named insured of your life insurance coverage. Please fill in the requested information below.

<b>SECTION 1: Employee Information</b>		
Name (Last Name, Suffix, First Name, MI)	Social Security Number	
Mailing Address	Telephone Number	Date of Birth

<b>SECTION 2: Primary Beneficiary (ies)</b>					
I choose the person(s) named below to be the primary beneficiary(ies) of the Life Insurance benefits that may be payable at the time of my death. If any primary beneficiary(ies) is disqualified or dies before me, his/her percentage of this benefit will be paid to the remaining primary beneficiary(ies).					
Name & Mailing Address (Last Name, Suffix, First Name, MI)	Telephone Number	Relationship to You	Social Security Number	Date of Birth	Percentage
<b>Total Must Equal 100%</b>					

<b>SECTION 3: Contingent Beneficiary (ies)</b>					
If <b>all</b> primary beneficiaries are disqualified or die before me, I choose the person(s) named below to be my contingent beneficiary(ies).					
Name & Mailing Address (Last Name, Suffix, First Name, MI)	Telephone Number	Relationship to You	Social Security Number	Date of Birth	Percentage
<b>Total Must Equal 100%</b>					

**SECTION 4: Additional Named Insured/Spouse**

Name (Last Name, Suffix, First Name, MI)		Social Security Number
Mailing Address	Telephone Number	Date of Birth

**SECTION 5: Additional Named Insured/Spouse Primary Beneficiary (ies)**

I choose the person(s) named below to be the primary beneficiary(ies) of the Life Insurance benefits that may be payable at the time of my death. If any primary beneficiary(ies) is disqualified or dies before me, his/her percentage of this benefit will be paid to the remaining primary beneficiary(ies).

Name & Mailing Address (Last Name, Suffix, First Name, MI)	Telephone Number	Relationship to You	Social Security Number	Date of Birth	Percentage
<b>Total Must Equal 100%</b>					

**SECTION 6: Additional Named Insured/Spouse Contingent Beneficiary (ies)**

If **all** primary beneficiaries are disqualified or die before me, I choose the person(s) named below to be my contingent beneficiary(ies).

Name & Mailing Address (Last Name, Suffix, First Name, MI)	Telephone Number	Relationship to You	Social Security Number	Date of Birth	Percentage
<b>Total Must Equal 100%</b>					

**SECTION 7: Signature**

**X** \_\_\_\_\_ **Date** \_\_\_\_\_  
**Employee Signature**

Unum is a registered trademark and marketing brand of Unum Group and its insuring subsidiaries.